

## What Is Yizkor?

**Yizkor** is a time for us to remember the loved ones who have preceded us into eternity.

**Yizkor** is a time for us to allow our grief time to heal and not feel pain whenever we remember someone who is deceased.

**Yizkor** is a time for us to consider our own mortality and the kind of legacy we want to leave behind when it is our turn to be remembered.

**Yizkor** is a time for us to consider final realities and the meaning of life because so much of what people consider important isn't really.

**Yizkor** is a time for us to consider all the fleeting shadows in all the generations who have ever dwelt on earth since the beginning.

**Yizkor** is a time to remember that even the oldest people we are remembering started out life as babies who also had parents and grandparents that they remembered and missed.

**Yizkor** is a time for us to remember that we are not alone in this life and that life is only one stage in a greater journey.

**Yizkor** is also a time to consider redemption because it is our earnest hope and expectation to meet with our departed loved ones once again.

**Yizkor** is a time to remember that time and life happen to all and then pass on and that nothing of this life is really permanent.

**Yizkor** is a time to remember that we cannot change what is real; we can only change how we chose to remember.

**Yizkor** is a time to remember that family and friends are more important than goals and portfolios.

**Yizkor** is a time to remember that it is not our life; it's just our turn with a definite beginning and a final end.

**Yizkor** is a time for us to remember that death is the inevitable end to every life and that tragedy depends on how you live, not on how you die.

**Yizkor** is a time to remember who has the final control over all life and over all death and while the first may be stormy, the second is a peaceful waiting.

**Yizkor** is a time to remember that our Messiah defeated death and that one day He will destroy death forever.

**Yizkor** is a time to remember that only that which is important in the light of eternity is worth giving the briefness of our lives to.

**Yizkor** is a time to remember that mourning should bring comfort because death is nothing to be afraid any more than we should fear birth.

**Yizkor** is a time to remember that past generations were once next generations and that we need to teach our next generations the faith our past generations passed on to us.

**Yizkor** is a time to remember that G-d is the Author of life and that His coming Kingdom is the only life in the universe more powerful than death.